

Puget Sound Aikikai and North Vancouver Aikikai present

**International Winter Seminar**  
**Peter Bernath** and **Penny Bernath**



**7th Dan, Shihan**

**6th Dan, Shidoi**

of Florida Aikikai, Fort Lauderdale

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June 22nd and 23rd at Puget Sound Aikikai, Seattle

Friday 6–8 PM • Saturday 10 AM – 1 PM

June 24th and 25th at North Vancouver Aikikai, Vancouver BC

Sunday 10 AM – 1 PM • Monday 6–8 PM

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Pre-register online with discount at [http://aikido-db.com/SEM/SEM\\_REG.html](http://aikido-db.com/SEM/SEM_REG.html)

Fees at door: Full Seminar \$100 • 2 days \$80 • Sat or Sun \$60 • Fri or Mon \$30

Contact the dojos for housing and ride requests. • Don't forget your passport!

**[www.pugetsoundaikikai.org](http://www.pugetsoundaikikai.org) • [www.nsaikido.org](http://www.nsaikido.org)**

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North Vancouver Aikikai (604) 983-8730 or [nsaikido@telus.net](mailto:nsaikido@telus.net)