

AIKIDO

body, mind and spirit

for Kids 6 to 12 years old

Budo Summer Camp July 27th-31st & August 24th-28th

Budo Summer Camp will include Traditional Aikido plus Japanese style Arts, Crafts and Cultural activities such as Japanese cooking, brush painting, bonsai making, origami, calligraphy or other projects. The cost for the week-long program is \$250 plus GST, for Children 6 to 12 years old. Summer Camp runs from 9 am to 3 pm (plus 7-8 am and 3-5 pm aftercare is available for \$5 per hour). Aikido, a classical Japanese Budo - "Martial Way" which has been called Moving Zen, originated from the arts of the Samurai. It is non-competitive emphasizing co-operation, body movement and focus.



Register and pay on-line at:

http://www.nsaikido.org/SC_REG.html

Make a secure and convenient payment using a PayPal account or any credit card.

Traditional Aikido is offered through North Vancouver Aikikai, a registered B.C. not-for-profit Society and member of the United States Aikido Federation. NVA is a recipient, once again, of a Lower Lonsdale Legacy Fund grant, we can offer scholarships for residents of Lower Lonsdale, City of North Vancouver. There are also other scholarship options but space is limited!

Budo Summer Camps

For Kids 6 to 12 years old

July 27-July 31 & Aug 24-Aug 28

9:00 am to 3 :00 pm

8-9 AM & 3-5 PM after-care

Scholarships Available

20% sibling & 10% multi-week discounts

North Shore Aikido

121 East 1st Street

(near Lonsdale)

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